We offer a four-year part-time Licentiate course and a one year Foundation Course

Four-year Part Time Course

The Iceland School of Homeopathy, is sister school to the Southern College of Homeopathy in the UK; and is at the forefront of homeopathic training. We are proud that we have effectively integrated into our curriculum a wide range of ideas and practices from both the rich history and current ways of thinking within the exciting world of homeopathy.

We believe that everyone should feel the maximum enjoyment possible in an informal atmosphere of warmth and friendship with strong student support.

The four-year course aims to educate and support the student to professional practitioner level. In return we expect commitment and application on the part of the student.

The course offers training in all aspects of homeopathy-from philosophy and theory to practical clinical application. Integrated Human Science and Pathology is included. The level of competence demonstrated on successful completion of the four-year course is sufficient for graduates to apply for inclusion into one of several professional registers of homeopaths.

The first year is a Foundation Year, by the end of which students will have gained a basic understanding of the principles of homeopathic philosophy, and a working knowledge of how to select and administer homeopathic remedies in acute situations and for common ailments. The first year can be taken as a stand-alone course for anyone wishing to have a better understanding of homeopathy so that they are able to use remedies for common ailments and first aid for their family.

The following three year’s focus on developing students’ skills as professional homeopaths and beginning to build up their practices.

The two professional part time courses run concurrently with all students completing the foundation year, with the opting of studying for a further three years to qualify as a homeopath. The curriculum for both courses is the same, the difference is that students on the four-year course must complete and pass all criteria to be awarded a Licentiate of the school by the end of their fourth-year.

We offer a post graduate year at the end of the fourth year which will give you the title PGHom (Post Graduate of Homeopathy). It is designed to support graduates in building their business’ as well as extending their homeopathic knowledge.

There are 10 weekends in each academic year for the four years. As well as attending the weekends you will have about 15 to 20 hours home study a month and need to accumulate 180 clinic hours by attending our student clinics and sitting in with qualified homeopaths.

The course will run from September to June each year. Classes 10.00 a.m. – 5.00 p.m.

The Iceland school of Homeopathy is based at: Grafarvogskirkja, Vid Fjörgyn, 112 Reykjavik.
### Key Features of the Four Year Courses include:

#### Philosophy
- Study of The Organon
- Provings
- Potency
- Susceptibility
- Understanding of health and disease from a homeopathic perspective
- Chronic and Acute Disease
- Theory of Miasms
- The Law of cure
- History of homeopathy and the continuing development of homeopathic medicine
- Homeopathic research
- Personal journey

#### Materia Medica
- In depth study of homeopathic materia medica to include traditional and new remedies.
- Key notes
- Affinities
- Essence
- Doctrine of Signatures
- Remedy Relationships
- Chakra’s & Energy Systems
- Herbal Tinctures
- Flower Essences

#### Methods
- Development of methodology, from Hahnemann and Classical homeopathy to contemporary methods
- Practical application of methods

#### Case work
- Case taking
- Case recording
- Case analysis
- Choosing appropriate methods
- Repertorisation
- Prescription; first; second; follow ups
- Prognosis
- Case management
- Practitioner Development
- Supervision and Reflection
- Personal Journal Work
**Clinical training**

In the second year, students begin their formal clinical training. Initially, students observe consultations with patients and participate in the case analysis and discussion. To become a Practical Homeopath, the College believes that students should start working with patients as soon as possible. It is only through the experience of taking cases and with patients that students become competent and confident practitioners.

An important aspect of the professional course is the clinical training our students receive. This is where you integrate the theory learnt at the college weekends with the practical application of seeing real patients. Students have to start attending clinics from the beginning of their second year; however, from the moment a student joins the professional course they are welcome to attend our student clinics held monthly at the Fjörgyn, 112 Reykjavik.

We find that most students choose to begin attending clinics early in their first year.

The clinic is supervised by an experienced qualified homeopath, with each patient being seen by their designated student practitioner and observer before the case is discussed with the supervisor and the other students attending clinic. Students new to the clinic participate in the group discussions around case analysis and prescribing then as they gain experience progress to being an observer and when ready they will have their own clinic patients.

It is the combination of theory learnt at college weekends and through completing your homework with the experience gained at clinic that builds your skills as a competent homeopath. By seeing real patients whilst under supervision you develop your ability in case taking, case management and dealing with complex/difficult cases. Essential personal skills are developed through your participation at the clinic as you will need to listen objectively to patients and fellow student practitioners; to communicate with clarity; to support people on their healing journey; to be aware of issues of confidentiality and ethics. We find that students progress quickly by studying in this way so that by the time they graduate they are confident, professional practitioners.

Throughout the four years you will need to complete a minimum 150 clinic hours, of which a 120 hours will be internal clinic hours, 20 hours need to be external sitting-in with homeopaths, the extra 10 hours will ideally be made up of external sitting in but may be internal clinics. You can not graduate until these hours are complete.

**Assessments**

Assessment is through home work, materia medica reviews, methods reviews, casework and clinical practice, tutor and self assessment, there are no exams. All the College’s assessments are about enabling you to understand and retain what has been taught. Students are asked to demonstrate their knowledge of remedies, their understanding and analysis of cases, the different approaches available, as well as homeopathic philosophy and theory.
Qualifications

To be awarded your Licentiate of the Iceland School of Homeopathy, LISH, you need to submit 8 graduation cases which have been supervised by the college principles or a supervisor who is recognised by the college. These will need to be submitted before or by weekend 8 of the 4th year and achieved a pass by weekend 10. You will also need to have all homework completed with an overall pass of 85% and attended 150 clinic hours.

You will need to submit your Learning Journals to a tutor at the end of the college year, in whatever format of your choice. You will need to write an essay of no less than 4000 words on a subject related to homeopathy but of your choice. Throughout the four years you will have gathered information from lectures and your own research which you will put into a Portfolio as your personal record of all your work and achievements. You will also need to submit a therapeutics file, which will have been collated over the 3 - 4 years.

The qualification of LISH will enable you to apply as a college graduate for membership of a professional body such as the Alliance of Registered Homeopaths (ARH) and to start your own practice. If you stay onto the 5th year you will be awarded a certificate of PGHom as a post-graduate qualification.

Our Vision

To support and nurture our students, so that by the completion of the course, they are equipped with the knowledge and practical skills to be professional and confident as practitioners.

To have a high standard of education, providing students with a thorough knowledge of homeopathy and an understanding of associated practices, such as herbalism, Flowers essences and acupuncture.

To encourage our students to be open-minded and independent thinkers with no limiting beliefs or ideas.

To have a team of professional personnel committed to creating a supportive and friendly environment for students and supporting each student’s personal and learning journey.

To give students the tools to enable them to set up their own practices.

To not only train homeopaths, but to inform people about homeopathy and increase public awareness of homeopathy as a health choice. An ideal shared by many homeopaths is that the title 'homeopathy' becomes as well known and respected as the term GP.
The Iceland School of homeopathy is recognised for having attained validation status by the Homeopathic Course Providers Forum under the HCPF Quality Assurance Validation Scheme since 2015

Quality Assurance Validation Scheme

The Homeopathy Course Providers Forum (HCPF) operates a Quality Assurance Validation Scheme (QAVS), a system whereby Homeopathy courses are recognised for their standards of education and training related to the National Occupational Standards (NOS).

This recognition scheme is not designed for ‘short’ courses in homeopathy. Only courses designed to develop safe, competent professional homeopathic practitioners may enter the recognition process of the QAVS which, when successfully completed, allows them to claim full QA status with the HCPF.

For the profession of homeopathy, the education of practitioners is the future and it is important that course providers are accountable. The QAVS helps to ensure that courses provide adequate opportunities for a thorough training, meet the criteria of the National Occupational Standards for Homeopathy and achieve an educational standard equivalent to Level 6 in higher education (this is the level of a university degree course).

Assuring a high standard of educational provision for future homeopaths benefits the student homeopath, the profession of homeopathy and the wider public, who are the users and ultimate beneficiaries of Homeopathy.

Alliance of Registered Homeopaths

Graduates from the School’s courses are eligible for registration with the Alliance of Registered Homeopaths (ARH), and the Organon the Society of Homeopaths in Iceland.
Our Tutors

Mary Ellis LSECH MSCH MARH

The Principal of SCH and Course Director of the Iceland School of Homeopathy, started the college in 2009, because she is passionate about homeopathy and wanted to be instrumental in helping others to practice homeopathy in a professional and practical way. She is committed to bringing the very best and inspiring tutors to the college who have a wide range of skills and knowledge. She is keen for her students to have a broad knowledge of homeopathy and complementary subjects; helping them develop their own skills and styles, she believes in giving her students the ability to practice confidently upon completion of their course.

Mary has qualified in Homeopathy, Homeopathic Biopuncture and Mesotherapy and is an Asyra practitioner, she has successful and busy practice in Surrey, as well as running student clinics for the college in Tonbridge and Surrey. She is a trustee on Homeopathic Action Trust, a Representative on the 4H Panel, and member and Chair of HCPF. Mary is also a founding member of HSR Homeopaths Supports Refugee, working with refugees in Northern France and beyond.

Before becoming a homeopath, Mary worked within sales and marketing, and had her own Recruitment business, so has first-hand knowledge of setting up and marketing, networking and promoting small businesses.
Guðný Ósk Diðriksdóttir  LCPH MARH - Principal ISH

Guðný Ósk studied homeopathy at The College of Practical Homoeopathy in 1999-2003.


Guðný Ósk and Guðrún Tinna work together on various projects where homeopathy and health are the common denominator. They have both given many lectures on homeopathy and also organized successful seminars and courses promoting homeopathy, natural health and lifestyle.

Guðrún Tinna Thorlacius  B.Sc (Hons) MARH - Principal ISH

Guðrún Tinna studied homeopathy at Purton House/The University of West London in 2006-2011.

Guðrún Tinna is also an ACC accredited Health and Lifecoach and has run a thriving clinic down town Reykjavík since 2011. Guðrún Tinna was the vice president of Organon, The Society of Homeopaths in Iceland in 2011-2015 and the secretary for The Association of Complementary and Alternative Medicine in Iceland in 2011-2015.

Jo Ketteman - Vice Principal SCH & Core Tutor

Originally trained as a nurse at St Mary's Hospital in London, Jo Ketteman then went on to specialise in Midwifery. Working at the West London Hospital led Jo to more natural childbirth and a holistic view of care. Following the birth of her own child, she decided to pursue this further and study Homeopathy.

Since qualification, in 1999, Jo has built a thriving practice caring for the needs of the whole family. She also lectures at the Southern and Northern Colleges of Homeopathy and at the Iceland School, and before that at the Lakeland College of Homeopathy. She is part of the editorial team for the professional journal Homeopathy In Practice. Jo is also one of the team that works in Grenfell providing support to the survivors and families of the Grenfell fire with Homeopaths support Grenfell.
Guðrún Ólafsdóttir – Gigga

Homeopath from The College of Practical Homeopathy since 2004 after 4 years study. I have running a homeopathic clinic since 2005. I also give lectures about health and homeopathy for Organizations. I was a tutor and a guest teacher in CPH in Iceland.

I’m active in my society and always open to widen my knowledge and have participated in many seminars and courses throughout the years.

I’m passionate about the alchemy of healing and the connection between mind and body and how they always work together. I practice that theory that people themselves are experts in their own health and the healing comes from you. I am good in “reading” people and I also help people reading themselves and understand their stories in order to improve their health.

I am an interior architect and worked in that field for many years. At that time I was also helping nursing mothers as a volunteer for 7 years with the Breastfeeding Network Organization in Iceland and used holistic view of care. I liked it very much.


Gudrun Darshan Arnalds LCPH

Gudrun Darshan studied homeopathy at the College of practical homeopathy (1993-1998). Gudrun also trained as a rebirthing facilitator (1996), bowen therapist (2011) and as a life coach (2016-2017) and is training in Sat nam rasayan meditative healing. She has run a clinic in Reykjavik for the past 20 years based in homeopathy, with the assistance of other therapies. Gudrun has a passion for promoting personal growth both for herself and others.

A yoga teacher (500 ryt) in Kundalini yoga (Karam kriya School in London 2004-2005) and yoga teacher trainer (2010), she is the founder of the yoga- and health center “Andartak” in Iceland, where she teaches classes of Kundalini yoga and Yoga nidra. She also organizes teacher training in Kundalini yoga and trains teachers with the support of other teachers from different parts of the world.


She is one of the founders of Kyta.is (Association of kundalini yoga teachers in Iceland) and was a member of its board for 3 years.

Another passion is gardening and collecting herbs in the Icelandic mountains in summertime. Gudrun is the mother of two children and lives in Reykjavik with her partner and son.
Every year we invite a couple of homeopaths with expertise in specific areas to lecture for a day or weekend at the college, past guest tutors include:

**Jerome Whitney - Core Tutor**

Jerome has been enthusiastically involved in homoeopathy since the early 1970’s. He was a student of Dr Thomas Maughan and a member of his South London Group from which emerged the early founders of contemporary homoeopathic education.

Over the years he has researched and created the content for a series of modules and workshops designed to further the depth and understanding of homoeopathy, its origins and the Vital Force.

Jerome was a module leader and member of the team that wrote the first BSc program for homoeopathy at City of Westminster University. He developed modules such as Teacher Training for Homoeopaths and was module leader at Thames Valley University for introduction to complementary therapies and continues to teach at homoeopathic colleges and universities in the UK and Europe. Jerome is also a writer of articles and reviews since 1974 to present day.

Jerome lives near Crystal Palace and enjoys hiking and mountain biking. We are so pleased to have Jerome on our tutor team.

**Lorraine Grayston – Core Tutor**

Lorraine brings to work 20 years of experience, of being a full time practising homoeopath working with adults and children and over a decade of being a core teacher and the Lakeland College of Homeopathy teaching all aspects of homoeopathy including introducing Shamanism into the core curriculum. She also choreograph and facilitates an array of shamanic workshops, focussing on personal power and development, training in Shamanism, for men and women and training for women exploring all aspects of womanhood and the feminine.

Currently she works with a unique alchemy of Homoeopathy, Shamanism and personal development with individuals and with groups and is passionate about enabling people to take an active role in their own healing, to commit to becoming more conscious and fully awake and in the river and to not be defined by what others tell them to be true of themselves, unless it resonates with them. Lorraine is one of the core tutors now at SCH. /NCH/ISH
Guest Tutors

Myriam Shivadikar

Myriam studied at the OIUCM from 1984-1991, working alongside Prof. Jayasuriya, teaching homeopathy. Her training began with Acupuncture, and then homeopathy. She achieved her MD (MA) in 1990 and later a PhD in Homeopathy. She retrained in the Uk and became Vice Principal for the Practical college of Homeopathy.

Myriam has been in clinical practice for over 27 years, in the UK for the past 13, and has taught in the Uk and Internationally for over 25. She studied diet, nutrition, astrology and herbal medicine, which are incorporated in order to advise patients regarding lifestyle, and removing maintaining causes.

Since 1999 Myriam has been a lecturer at several of the top UK Homeopathic Colleges, as well as holding her own seminars internationally. In 2011 Myriam was awarded a Knighthood from the Ecumenial order of the The Knights of St John. She is currently furthering her research and writing her books on a variety of subjects. Myriam is a captivating lecturer and we are very pleased to welcome her to the team at SCH/ISH.

Simon Taffler PCH RSHom FSHom

I specialise in homeopathic healthcare, with a career that has encompassed training and clinical practice in England, Israel, Paraguay, Sri Lanka and North America and, teaching and research at colleges primarily in the UK and USA.

Influenced by my father’s passion and expertise for plants and herbs and guided by my mother’s experience of conventional and complementary medicine, I studied diet and nutrition, naturopathy, bodywork and homeopathy, integrating them into the homeopathic framework. I graduated in England from the School of Homeopathy and the Dynamis School for Advanced Homeopathic Studies.


My ongoing learning includes the completion of a PhD dissertation concerning the education of homeopathy. My research and published papers have concentrated on homeopathic philosophy, its affect on teaching curricula and the opportunities for transformative learning. Related consultancy and speeches have included exploration into the benefits of homeopathic and holistic principles in both business and conventional medical institutions. I have spoken for example, at the ‘Complementary and Alternative Therapies for Epilepsy’ conference at the School of Medicine, New York University, and was a keynote speaker at the American Holistic Medical Association conference on "The Science and Spirit of Good Medicine' Core Tutor SCH/NCH/ISH."
Breda McManus

My mother became a homeopath when I was in my 20’s. I first realised the healing powers of homeopathy when my baby daughter was in hospital with blood poisoning, the doctors didn’t seem to be able to do anything for her and her condition kept worsening, my mother gave her one Ledum 30c and she visibly improved rapidly and was let home the same day.

After fighting with myself for a long time I eventually resigned myself to the fact that I couldn’t do anything else other than study homeopathy. I attended Nuala Eisings Burren school of Homeopathy and graduated in 2006. Both my mother and Nuala would have made the most impact on my homeopathic studies.

Breda is an inspiring and stimulating lecturer with her own unique style, and whose lectures are enjoyed by the students. She is also one of the core groups of homeopaths working in Northern France for Homeopaths Support refugees. Tutor for SCH/ISH
Accredited Qualification

Graduates receive a Licentiate in Homeopathy, the standard qualification for practice in the UK. This qualifies graduates for membership of a professional body such as the Alliance of Registered Homeopaths (ARH) and to start their own practice. The course involves external study and clinical work, with the emphasis on developing and demonstrating clinical ability.

What our students say

"My first year at SCH has already been an amazing journey. From the very first day, I felt welcomed and accepted by a wonderful family of students and tutors. Days at the college are filled with excitement and friendly atmosphere. And the hunger for knowledge is getting greater with each completed session! The Pandora Box has been opened for me...

Studying homeopathy is fantastic but this college is not only about learning. You will meet inspiring people, who will guide you into not only homeopathy but also the world of nutrition, self-development and naturopathy. I am so grateful to be a part of this unique tribe!"

Gosia, 1st year 2018

"I have been seeking inspiration for a new career for many years; now having completed my first year, I am even more convinced this is the right path for me and much of this is due to the wonderful experience of my time at college. The enthusiasm and support we are offered by Mary can only ensure we get the best start to our new lives as homeopaths."

Sue, 2nd year student

"The benefits from attending a clinic where there are real patients with real problems instead of paper cases are huge. The most wonderful thing is that as their condition improves so does my understanding of what I learn in class."

Chris, 4th year student

"I have found the clinic a really exciting place to go each month. It gives me the opportunity to discuss my own cases "I have found the clinic a really exciting place to go each month. It gives me the opportunity to discuss my own cases knowing that my patients are getting the best attention from experienced Homeopaths as well as listening to and joining in with the discussion around analysis, methods/strategy and prescribing remedies for patients that other students have. I have learnt so much about the different approaches that can be used from simple to complex cases.""

Allison, 3rd year student

"Being a mature student and back to studying after a long time, I was quite concerned about the course and a bit nervous to start with. But from day one I found my lecturers quite open and easy to communicate with. The course is set out in an easy to learn format with detailed handouts and an opportunity to discuss any problems. I have enjoyed the first year and now looking forward to the next with a view of being qualified soon and a great career ahead of me. I would definitely recommend anyone interested in homeopathy to consider the Southern College of Homeopathy as their first choice."

Shruti 2nd year student

"I wasn't sure what to expect when I started college but I have been delighted with all aspects of the college. Together with the other students we received a very warm welcome and started learning various aspects of homeopathy and related subjects straight away. Through excellent tuition I have learnt an enormous amount in my first year and am looking forward to the challenges of the second year. The tutors have been extremely supportive and are always available to deal with any problems or queries. I would highly recommend this college for anyone wishing to train as a homeopath!"

Liz 2nd year student
Annual Fees

For the four year part time course: Fees for the academic year beginning in October 2018 are £2,500 if paid in full or £2,600 if paid in 10 monthly installments. Please note that annual fees remain due should you decide to leave the course part way through a year. Course fees for the four year course total £10,000, £2500 paid at the beginning of each academic year for four years or £260 paid monthly over 10 months, September to and including June each year.

Annual fees include attendance at the school lecture weekends, the clinics, plus handouts and marking costs. Student membership of the ARH and practitioner insurance (c £40 per year) and the cost of textbooks are not included in the fees.

There is a cost for supervision, we have a list of approved supervisors that the students can contact. It is the responsibility of the student to contact a supervisor, and engage with them. The supervisor form will need to be filled in and signed each time. The cost of the supervision varies according to the supervisor but the average is £60 per hour.

Burserys awarded by the ARH

The ARH have allocated funds to allow for up to five students per year to receive £1,000 each towards their training in homeopathy. The bursary is available to students already in their second year, or above, of studies, who attend a course which is a participating member of the Homeopathy Course Providers Forum (HCPF).

Students applying for a bursary will first need to discuss their request with their school principal, and if the principal agrees that the granting of a bursary will be of genuine benefit to the student, the student can download an application form to complete (see below), and return it to the principal for endorsement. Please note that all funding requests must be endorsed by the college principal.

Annual fees include attendance at the school lecture weekends, the clinics plus handouts and marking costs. Student membership of the ARH and practitioner insurance (£85 per year) and the cost of textbooks are not included in the fees.
Join us for a free taster day

Throughout the school year there are opportunities to spend a day or a weekend sitting in on first year lectures. What better way to have any questions answered, meet students and lecturers so you can discover whether this is the right school for you.

To arrange a day or weekend taster please contact:

Guðrún Tinna Thorlacius: (Principal ISH): +354 895 6164 or Email: tinna@icesch.com
Guðný Ósk Diðriksdóttir: (Principal ISH): +354 894 3108 or email Email: gudny@icesch.com
Mary Ellis (Principal): 0044 7711 418430 or email: mary@schhom.com

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